

Oxford and London Sangha Schedule, 2023

For locations and further information, see below

JANUARY

3rd Meditatio, London, led by Sandy Chubb: sitting 2pm-7.45pm + Online (evening)

5th Sitting and Samu Oxford 6.30pm-8.30pm

6th-8th **Meditation and Yoga weekend at Charney Manor, Oxford** led by Sandy Chubb and Sam Settle

10th Meditatio, London: sitting 5.45 pm -7.45 pm

12th Sitting Oxford 6.30pm-8.30pm

17th Meditatio, London, led by Sandy Chubb: sitting 2pm-7.45pm

19th Sitting Oxford + Online 6.30p-8.30pm

23rd Meditatio, London: sitting 5.45 pm -7.45 pm

26th Oxford: 6.30pm – 8.30pm Giles/Peter

FEBRUARY

2nd Sitting and Samu Oxford 6.30pm-8.30pm

7th Meditatio, London, led by Sandy Chubb: sitting 2pm-7.45pm + Online (evening)

9th Sitting Oxford 6.30pm-8.30pm

14th *Meditatio London: no sit due to sesshin*

13th-17th **Feb Winter Sesshin**: St Cassians, Kintbury, Berks

21st Meditatio, London, led by Sandy Chubb: sitting 2pm-7.45pm

23rd Oxford: Sitting+ Online 6.30pm-8.30pm Giles + Peter

28th Meditatio, London: sitting 5.45 pm -7.45 pm

MARCH

2nd Sitting and Samu Oxford 6.30pm-8.30pm

7th Meditatio, London, led by Sandy Chubb: sitting 2pm-7.45pm + Online (evening)

9th Sitting Oxford 6.30pm - 8.30pm

14th *Meditatio London: no sit due to sesshin*

13th-17th **Spring Orientation Sesshin** for newcomers and Sangha: The Carmelite Priory, Boars Hill, Oxford

21st Meditatio, London, led by Sandy Chubb: sitting 2pm-7.45pm

23rd Sitting Oxford 6.30pm-8.30pm + Online

25th **Saturday Zazenkaï, London, Meditatio** 25th March, 10am-4pm

28th Meditatio, London: sitting 5.45 pm -7.45 pm

30th 6.30pm – 8.30pm Giles/Peter

APRIL

4th Meditatio, London, led by Sandy Chubb: sitting 2pm-7.45pm + Online (evening)

6th Sitting and Samu Oxford 6.30pm-8.30pm

11th Meditatio, London: sitting 5.45 pm -7.45 pm

13th Sitting Oxford 6.30pm-8.30pm

18th Meditatio, London, led by Sandy Chubb: sitting 2pm-7.45pm

20th Sitting Oxford + Online 6.30pm – 8.30pm

25th Meditatio, London: sitting 5.45 pm -7.45 pm

27th Sitting Oxford 6.30pm-8.30pm, Giles + Peter

MAY

2nd Meditatio, London, led by Sandy Chubb: sitting 2pm-7.45pm + Online (evening)

4th Sitting and Samu Oxford 6.30pm-8.30pm

9th Meditatio, London: sitting 5.45 pm -7.45 pm

11th Sitting 6.30pm-8.30pm Oxford

13th **Saturday Koan Practice Day, Oxford** 10am-4pm at the Oxford Zendo

16th Meditatio, London, led by Sandy Chubb: sitting 2pm-7.45pm

18th Sitting Oxford + Online 6.30pm – 8.30pm

23rd Meditatio, London: sitting 5.45 pm -7.45 pm

25th Sitting Oxford 6.30pm-8.30pm Giles/Peter

30th Meditatio, London: sitting 5.45 pm -7.45 pm

JUNE

1st Sitting and Samu Oxford 6.30pm-8.30pm

6th Meditatio, London, led by Sandy Chubb: sitting 2pm-7.45pm + Online (evening)

8th Sitting Oxford 6.30pm-8.30pm

13th Meditatio, London: sitting 5.45 pm -7.45 pm

15th Sitting Oxford 6.30pm-8.30pm + Online

20th Meditatio, London, led by Sandy Chubb: sitting 2pm-7.45pm

22nd June: AGM and Trustee Meeting followed by **the Garden Party**, at The Oxford Zendo

27th Meditatio, London: sitting 5.45 pm -7.45 pm

29th Sitting Oxford 6.30pm-8.30pm Giles/Peter

JULY

3rd-6th Summer Sesshin: St Cassians Centre, Kintbury, Berks

4th Meditatio London: no sit due to sesshin

11th Meditatio, London, led by Sandy Chubb: sitting 2pm-7.45pm + Online (evening)

13th Sitting and Samu Oxford 6.30pm-8.30pm

18th Meditatio, London: sitting 5.45 pm -7.45 pm

20th Sitting Oxford 6.30pm-8.30pm

25th Meditatio, London, led by Sandy Chubb: sitting 2pm-7.45pm

27th Sitting Oxford 6.30pm-8.30pm + Online Giles/Peter

AUGUST BREAK_ no shared sitting

SEPTEMBER

5th Meditatio, London, led by Sandy Chubb: sitting 2pm-7.45pm + Online (evening)

7th Sitting and Samu Oxford 6.30pm-8.30pm

12th Meditatio, London: sitting 5.45 pm -7.45 pm

14th Sitting Oxford 6.30pm-8.30pm

19th Meditatio, London, led by Sandy Chubb: sitting 2pm-7.45pm

21st Sitting Oxford 6.30pm-8.30pm + Online

23rd Saturday Zazenkai, Oxford 10pm-4pm at the Oxford Zendo

26th Meditatio, London: sitting 5.45 pm -7.45 pm

28th Sitting 6.30pm-8.30pm Giles/Peter

OCTOBER

3rd Meditatio, London, led by Sandy Chubb: sitting 2pm-7.45pm + Online (evening)

5th Sitting and Samu Oxford 6.30pm-8.30pm

9th-12th Autumn Sesshin in the Oxford Zendo

10th Meditatio London: no sit due to sesshin

17th Meditatio, London, led by Sandy Chubb: sitting 2pm-7.45pm

19th Sitting Oxford 6.30-8.30pm + Online

24th Meditatio, London: sitting 5.45 pm -7.45 pm

26th Sitting Oxford 6.30pm-8.30pm Giles/Peter

31st Meditatio, London: sitting 5.45 pm -7.45 pm

NOVEMBER

2nd Sitting and Samu Oxford 6.30pm-8.30pm

7th Meditatio, London, led by Sandy Chubb: sitting 2pm-7.45pm + Online (evening)

9th Sitting Oxford 6.30pm-8.30pm

14th Meditatio, London: sitting 5.45 pm -7.45 pm

16th Sitting Oxford 6.30pm-8.30pm + Online

21st Meditatio, London, led by Sandy Chubb: sitting 2pm-7.45pm

23rd Sitting Oxford 6.30pm-8.30pm

25th Saturday 19th Nov Koan Practice Day in Meditatio, London

28th Meditatio, London: sitting 5.45 pm -7.45 pm

30th Sitting Oxford 6.30pm-8.30pm Giles/Peter

DECEMBER

1st-2nd YAZA to celebrate of the Buddha's enlightenment: 8 pm - 4.30 am at the Oxford Zendo

5th Meditatio, London, led by Sandy Chubb: sitting 2pm-7.45pm + Online (evening)

7th Sitting and Samu Oxford 6.30pm-8.30pm

12th Meditatio, London: sitting 5.45 pm -7.45 pm

14th Sitting Oxford 6.30pm-8.30pm

19th Meditatio, London, led by Sandy Chubb: sitting 2pm-7.45pm, with shared Christmas supper

21st Sitting Oxford 6.30pm-8.30pm + Online

Christmas Break until January 2nd (Meditatio, London) and 4th (Thursday, Oxford)

MEDITATION IN OXFORD: Thursdays at The Oxford Zendo.

Contact: Jason Doble – oxfordzen@googlemail.com Website: oxfordzencentre@org.uk

MEDITATION IN LONDON: Tuesdays at The Meditatio Centre, St Marks Church, Myddelton Square, London EC1R 1XX (enter via ramp on right of church). Afternoon sits include tea at 3.30pm and shared supper at 5pm. Contact: Mark Hudson – mark@londonjizozencentre.org Website: londonjizozencentre.org

JIKIJITSUS: If you have taken part in a Shoken ceremony you are invited to contribute to Zazenkais as a Jikijitsu. Jikijitsus are not expected to do afternoon sits, unless they wish. Please volunteer for training in Oxford with David Blowers via david.blowers@gmail.com, or in London with Mark Hudson via mark@londonjizozencentre.org

TRUSTEES MEETINGS are open to all Sangha members. If you would like to raise an issue for discussion at the meeting (whether you can attend or not) please contact the chair, Simon Roffey via simonroffey@me.com. The AGM and Summer Trustee Meeting takes place as detailed above, followed by a Garden Party for all Sangha members and their families at our Oxford Zendo.

The Oxford Zen Centre (UK Charity no.1093036, registered 2002) is part of the international Sanbo-zen community, and includes the London Jizo Zen Centre.

<https://oxfordzencentre.org.uk/>

<https://londonjizozencentre.org/>

<https://sanbo-zen-international.org/>