

LONDON JIZO ZEN CENTRE Zazenkai Schedule, 2022

*** as at 27.12.21: PROVISIONAL - SUBJECT TO CONFIRMATION BY MEDITATIO

LOCATION: The Meditatio Centre, St Marks Church, Myddleton Square, London EC1R 1XX

The upstairs room in Meditatio, where we sit, is large, with good space for social-distancing.

In normal times, in-person Zazenkai sits are on Tuesdays. Short evening sits are from 5.45 pm to 7.45 pm. Long sits, on the 1st and 3rd Tuesday of each month, led by Zen Teacher Sandy Chubb, are from 2pm to 7.45pm. Members may join sits at any time.

Currently, due to Covid, Zazenkais are (only) online via zoom invitation, from 5.45 to 7 pm on both Tuesdays and Thursdays, replacing the schedule below - until the Trustees deem it safe to begin sitting physically together again. See safety rules below.

January 4	Long sit: 2 pm - 7.45 pm, with the Teacher, Sandy Chubb + Online
January 11	Short sit: 5.45 pm -7.45 pm
January 18	Long sit: 2 pm - 7.45 pm, with the Teacher, Sandy Chubb
January 25	Short sit: 5.45 pm -7.45 pm
February 1	Long sit: 2 pm - 7.45 pm, with the Teacher, Sandy Chubb + Online
February 8	Short sit: 5.45 pm -7.45 pm
February 14-17	WINTER SESSHIN at St Cassians, Kintbury, Berks (No sits in Meditatio on Tuesday February 15th.)
February 22	Long sit: 2 pm - 7.45 pm, with the Teacher, Sandy Chubb
March 1	Long sit: 2 pm - 7.45 pm, with the Teacher, Sandy Chubb + Online
March 8	Short sit: 5.45 pm -7.45 pm
March 15	Long sit: 2 pm - 7.45 pm, with the Teacher, Sandy Chubb
March 19	Saturday Zazenkai at Meditatio, London, 10 am to 4 pm
March 22	Short sit: 5.45 pm -7.45 pm
March 29	Short sit: 5.45 pm -7.45 pm
April 5	Long sit: 2 pm - 7.45 pm, with the Teacher, Sandy Chubb + Online
April 12-13	SPRING ORIENTATION SESSHIN at Meditatio, London: 8 am to 4 pm. (No evening sits in Meditatio on Tuesday 12th.)
April 19	Long sit: 2 pm - 7.45 pm, with the Teacher, Sandy Chubb
April 26	Short sit: 5.45 pm -7.45 pm
May 3	Long sit: 2 pm - 7.45 pm, with the Teacher, Sandy Chubb + Online
May 10	Short sit: 5.45 pm -7.45 pm
May 14	Saturday Koan Practice Day, Oxford, 10 am - 4 pm
May 17	Long sit: 2 pm - 7.45 pm, with the Teacher, Sandy Chubb
May 24	Short sit: 5.45 pm -7.45 pm
May 31	Short sit: 5.45 pm -7.45 pm
June 7	Long sit: 2 pm - 7.45 pm, with the Teacher, Sandy Chubb + Online
June 14	Short sit: 5.45 pm -7.45 pm
June 21	Long sit: 2 pm - 7.45 pm, with the Teacher, Sandy Chubb

June 23	Sitting, Oxford, , 4pm – 5pm followed by the AGM and Trustee meeting; then the annual Summer Garden Party at 6.30 pm
June 28	Short sit: 5.45 pm -7.45 pm
July 4-7	SUMMER SESSHIN at St Cassians, Kintbury, Berks No London sit on Tuesday July 5th
July 12	Long sit: 2 pm - 7.45 pm, with the Teacher, Sandy Chubb + Online
July 19	Short sit: 5.45 pm -7.45 pm
July 26	Long sit: 2 pm - 7.45 pm, with the Teacher, Sandy Chubb
AUGUST - ZEN BREAK - NO SHARED SITTING	
September 6	Long sit: 2 pm - 7.45 pm, with the Teacher, Sandy Chubb + Online
September 13	Short sit: 5.45 pm -7.45 pm
September 20	Long sit: 2 pm - 7.45 pm, with the Teacher, Sandy Chubb
September 24	Saturday Zazenkai at Oxford, 10 am to 4 pm
September 27	Short sit: 5.45 pm -7.45 pm
October 4	Long sit: 2 pm - 7.45 pm, with the Teacher, Sandy Chubb + Online
October 11	Short sit: 5.45 pm -7.45 pm
October 18	Long sit: 2 pm - 7.45 pm, with the Teacher, Sandy Chubb
October 25	Short sit: 5.45 pm -7.45 pm
November 1	Long sit: 2 pm - 7.45 pm, with the Teacher, Sandy Chubb + Online
November 8	Short sit: 5.45 pm -7.45 pm
November 15	Long sit: 2 pm - 7.45 pm, with the Teacher, Sandy Chubb
November 19	Saturday Koan Practice Day, Meditatio, London, 10 am - 4 pm
November 22	Short sit: 5.45 pm -7.45 pm
November 29	Short sit: 5.45 pm -7.45 pm
December 2-3	Yaza: an overnight sit to celebrate the Buddha's enlightenment; 8 pm - 4.30 am at 12 Mortimer Drive, followed by breakfast
December 6	Long sit: 2 pm - 7.45 pm, with the Teacher, Sandy Chubb + Online
December 13	Short sit: 5.45 pm -7.45 pm
December 20	Long sit: 2 pm - 7.45 pm, with the Teacher, Sandy Chubb

Zen Christmas Break until Tuesday, January 3th, 2023, a long sit

COVID SAFETY

To keep everyone safe and protected, we require everyone either to have had all three vaccinations (i.e. including the booster) or to have taken a lateral flow test (even if you have had 2 vaccinations but not the booster) the first time you sit in Oxford or Meditatio in 2022 (where a record will be kept). Please tell the JikiJitsu (the first time you sit in person) that you have had the **3 vaccinations OR that you have had a negative result from a lateral flow test taken BEFORE YOU COME on the same day EVERY TIME** you come to sit.

MEDITATION IN OXFORD Contact: Jason Doble – oxfordzen@google.mail.com. Sits take place on Thursdays at 12 Mortimer Drive, Old Marston, and Oxford.OX3 ORR Evening Sits are from 6.30 to 8.30 pm. Afternoon Sits are from 4.00pm to 8.30 pm.

MEDITATION IN LONDON Contact: Mark Hudson – mark@londonjizozencentre.org Sits takes place on Tuesdays at The Meditatio Centre, St Marks Church, Myddelton Square, Islington, London EC1R 1XX.

JIJITSUS: If you have taken part in a Shoken ceremony you are invited to contribute to Zazenkais as a Jikijitsu. Note your Jikijitsu dates in your diary when they are arranged, and find cover for any date which is not convenient. Jikijitsus are not expected to do afternoon sits, unless they wish.

TRUSTEES MEETINGS are open to all Sangha members. Meeting dates for 2022 tbc. The AGM and Summer Trustee Meeting takes place on Thursday 23rd June followed by a Garden Party for all sitters and their families at our Zendo at 12 Mortimer Drive. If you would like to raise an issue for discussion at the meeting (whether you can attend or not) please contact Simon Roffey - simonroffey@me.com - or Elizabeth Spence - easpence99@gmail.com - at least 2 weeks in advance of the meeting.

The London Jizo Zen Centre and the Oxford Zen Centre are part of the international Sanbo Zen community.

<https://oxfordzencentre.org.uk/>

<https://londonjizozencentre.org/>

<https://sanbo-zen-international.org/>